



JMJL



Dear Families,

It feels as if we were communicating just last week. My hope is that all is well and that you have started your lenten fast.

Our students are trying to be the best persons they can be by imitating Jesus in all they do and say. In Christ our savior we can be loving, forgiving, faithful, strong, joyful, prayerful, grateful, peaceful, helpful, friendly, truthful, and humble.

Our family is the way we can feel the presence of **God** on earth. We treasure and cherish the many ways our lives have been enriched by family. Even when we are not together, we carry their love with us.

We also remember that no matter the time of year or the date on the calendar, **God** is with us. We are comforted knowing whatever we may be called to face, we need never face it alone.

As we move through low periods, we rely on **God's** love, coming to us through the caring words and helping hands of dear ones.

My prayer for you is that you and your family recognize **Jesus** in each family member. May the services in Church for Holy Week prepare you for Easter.

May your Easter be a wonderful celebration of the **Lord's** love for us.

Prayerfully.

Sr. Anne Louise Abascal, MPF

St. Thomas Aquinas School Newsletter

March 2024

Volume 23 Issue 8

March 2024

310	Daylight Saving Time Begins
3/15	Conferences-No School
3/18-3/22	Spring Break
3/28	Holy Thursday– Half Day of School/Jean Day <u>No childcare this day</u>
3/29	No School– Good Friday
3/31	Happy Easter!

LUNCH
BREAKFAST

MARCH 2024
ST. THOMAS AQUINAS

Your cafeteria is managed by
Canteen of Central New Mexico

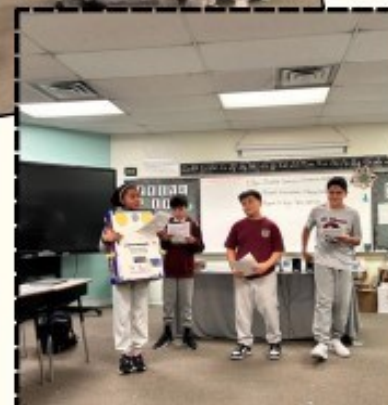
Monday		Tuesday		Wednesday		Thursday		Friday	
<div style="display: flex; justify-content: space-between;"> <div style="width: 45%;"> <p><i>DAILY BREAKFAST SERVED WITH 1 CUP OF FRESH FRUIT</i> Lunch meals are served with a salad bar and your choice of low fat flavored or white milk. <i>DUE TO SHORTAGES, WE MAY HAVE MENU CHANGES.</i></p> </div> <div style="width: 45%; text-align: right;"> </div> </div>									
CEREAL BAR STRING CHEESE 4		BAGEL-FULS 5		CINNAMON ROLL 6		BLUEBERRY MUFFIN 7		BANANA BREAD 1	
CHICKEN NUGGETS MIXED VEGETABLES PEACHES DINNER ROLL		BEEF TACOS PINTO BEANS PINEAPPLE CHUNKS FRESH SALSA		CHICKEN DRUMSTICKS WHIPPED POTATOES APRICOTS DINNER ROLL		FRITO PIE BROCCOLI MIXED FRUIT		PIZZA CARROT STICKS MANDARIN ORANGES	
CINNAMON ROLL 11		COLD CEREAL 12		CINNI MINIS 13		APPLE FRUDEL 14		Pancake Mini Breakfast Bites 8	
FAMOUS BOWL CINNAMON APPLE SLICES DINNER ROLL		BEAN & CHEESE BURRITO CARROTS & BROCCOLI PEACHES FRESH SALSA		FRENCH TOAST STICKS HASH BROWNS SAUSAGE PATTIE MANDARIN ORANGES		BEEF ENCHILADAS PINTO BEANS PEARS		PIZZA CARROT STICKS SIDEKICKS	
Spring Break>>>>>>> 18		Spring Break>>>>>>> 19		Spring Break>>>>>>> 20		Spring Break>>>>>>> 21		Conferences No School 15	
NUTRI GRAIN BAR YOGURT 25		COLD CEREAL 26		BLUEBERRY MUFFIN 27		CINNI MINIS 28		Spring Break 22	
TACO BURGER PINTO BEANS APPLESAUCE SUN CHIPS		SPAGHETTI AND MEAT SAUCE MIXED VEGETABLES MANDARIN ORANGES BREADSTICKS		GRILLED CHEESE SANDWICH PEAS MIXED FRUIT		NO LUNCH		Good Friday- No School 29	

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6TH GRADE ELA

6th Grade Scholars studied the three rhetorical appeals; ethos, logos, pathos. After reading about a robot teacher, students created their own and created an infomercial script that incorporated one rhetorical appeal.





The eighth graders had a wonderful time at the Rio Grande Nature Center. We spent most of the day hiking along the trails learning about our river ecosystem. Each student was given a card to learn about and teach one aspect of this system. By the end of the day, we hiked over 3 miles while learning about the Bosque. Mr. Vigil– Mid School Science Teacher





The 7th grade students are just finishing a unit on fishes, amphibians and reptiles. To gain a better understanding of body systems, they had the opportunity to perform a frog dissection. The students did a good job and were able to identify the major internal organs of the frog as well as see homologous structures that are shared with us. Mr. Vigil—Mid School Science Teacher



From The Nurse

Spring is on it's way! Mild weather, longer daylight, Easter, new colorful plant growth, and Allergy Season!!

The tree pollen count right now for our area is already high!

Here are some tips:

- Stay indoors as much as possible on windy days.
- Keep windows closed on windy days.
- Shower after getting home to wash away pollen, especially before bed.
- Use over the counter medications as directed.
- Plug in an air purifier to reduce pollen in the air of your home.

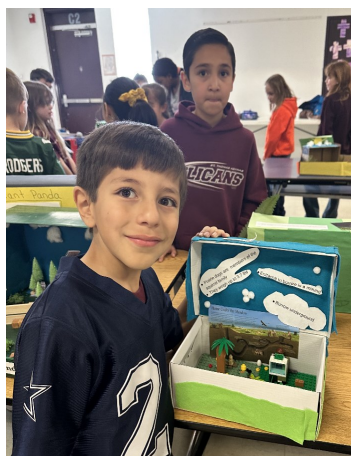
Seek Medical attention if you are unresponsive to allergy medicine, or if you allergies make you cough or wheeze.

. "Creation and all things are inherently good because they are of the Lord" 1 Corinthians 10:26



Mrs. Fernandez' class has been working hard to learn our multiplication facts all year! Since January we now have SEVEN black belt fact experts! They are now working on their 2nd degree black belts!!

In other 3rd grade news, both classes worked hard learning about animal characteristics and the habitats they live in. Each child created a diorama to show their knowledge of their animal and it's habitat.





Parent Ministry Updates:

Rescheduled-STAS Father & Daughter Dance!

The STAS Father & Daughter dance has been rescheduled for Saturday, April 6th from 5pm-8pm. If you already purchased tickets, your existing tickets will be honored. Check-In at the advanced purchase ticket table. Tickets are \$30 per couple in advance and \$40 per couple at the door. \$10 for each additional child. Discounted tickets may be purchased until Friday, April 5th. Check your email for the ticket order form. Sponsorship opportunities are still available. Volunteer still needed. Contact Parent Ministry for more details or questions.

STAS Mother & Son Dance - Thank You!

Thank you to everyone who attended the STAS Mother & Son dance! We hope you had a rootin' tootin' good 'ol time. Thank you also to our AMAZING team of volunteers and decorators. We could not hold events like this without you!

Catholic Schools Week ROCKED!

We saw some awesome storybook costumes, creative hairstyles, crazy hats, rad tie-dye shirts and TONS of school spirit! We hope all our Pelican students, teachers and parents enjoyed the fun! Thank you also to those who donated gift cards to the Parent Ministry hosted STAS Faculty & Staff Appreciation Luncheon. The luncheon was a great success and the notes of gratitude from students on the thankful flowers were absolutely beautiful!

Now EVERYONE can show their Pelican Pride!

Due to high demand, Parent Ministry has restocked the 2023-2024 STAS spirit shirts. STAS spirit shirts aren't just for students! Parents, grandparents, aunts and uncles, show us your Pelican Pride too! STAS spirit shirts are perfect to wear when supporting your student(s) at STAS athletic events around town. Youth and adult sizes available. Simply print and complete the t-shirt order form that was previously emailed and submit it along with payment to the office. Parent Ministry will fulfill orders ASAP. Email Parent Ministry for a blank order form or simply pick one up in the office. Thank you for your support of this Parent Ministry fundraiser!

STAS Earth Day Celebration!

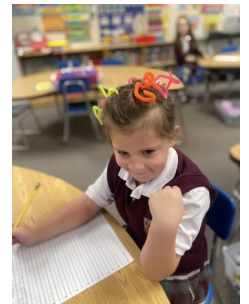
Save the date! On Friday, April 19th STAS will hold its annual Earth Day celebration and campus clean-up. Parents are invited to volunteer and enjoy this fun filled day. More event details and a link to sign-up as an official volunteer coming soon!

For any questions about Parent Ministry events, activities or how you can get involved, please contact Parent Ministry at Parentministry@stasnm.net

Mother Son Dance



Catholic Schools Week



2024 ST. THOMAS AQUINAS SCHOOL FATHER/DAUGHTER DANCE

TICKET ORDER FORM

NEW DATE & TIME

SATURDAY, APRIL 6, 2024

STAS CAFETERIA & GYM

CHECK YOUR EMAIL FOR EVENT START TIME

\$30 PER COUPLE (ADVANCED PURCHASE)

\$40 PER COUPLE (AT THE DOOR)

\$10 FOR EACH ADDITIONAL CHILD

CASH OR CHECK ONLY. CREDIT CARDS NOT ACCEPTED.



TICKET COST INCLUDES:
DINNER, DESSERT, DANCING & PHOTO BOOTH

COWBOY HATS & BOOTS ENCOURAGED

FOR ADVANCED PURCHASE:

CUT THE PORTION BELOW AND RETURN IT TO SCHOOL WITH YOUR STUDENT ALONG WITH PAYMENT IN AN ENVELOPE
MARKED "FATHER/DAUGHTER DANCE."

ENVELOPES WILL BE TURNED IN TO THE OFFICE BY YOUR STUDENT'S TEACHER.

PLEASE MAKE CHECKS PAYABLE TO STAS OR ENCLOSE EXACT CASH AMOUNT.
NO PHYSICAL TICKETS WILL BE PROVIDED. SIMPLY CHECK-IN AT THE ADVANCED PURCHASE TICKET TABLE UPON
ARRIVAL AT THE EVENT.

LAST DAY TO PURCHASE TICKETS IN ADVANCE FOR THE FATHER & DAUGHTER DANCE IS FRIDAY, APRIL 5TH.

FOR QUESTIONS, CONTACT PARENT MINISTRY AT PARENTMINISTRY@STASNM.NET.
THANK YOU FOR YOUR SUPPORT OF THIS PARENT MINISTRY EVENT!



STUDENT NAME: _____

TEACHER NAME: _____ GRADE: _____

_____ FATHER & DAUGHTER DANCE

OF ADVANCED PURCHASE COUPLES TICKETS (COUPLES TICKET = 1 ADULT + 1 STUDENT): _____ X \$30 = \$ _____

OF ADDITIONAL CHILD TICKETS: _____ X \$10 = \$ _____

TOTAL AMOUNT ENCLOSED: \$ _____ CASH OR CHECK: _____

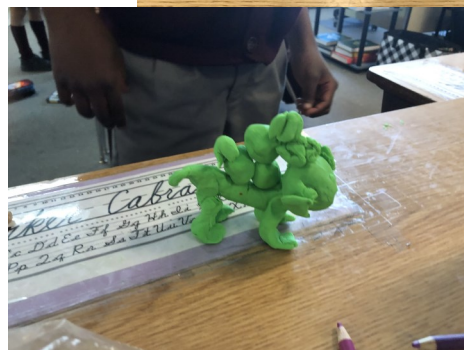
THANK YOU FOR YOUR SUPPORT OF THIS PARENT MINISTRY EVENT!



FOURTH GRADE

In Mrs. Le's class the students made models to see whether animals with backbones could carry more weight. They concluded that animals with backbones (pencils) could hold more clay balls than those without. Great Job Pelicans!!!!

Mrs. Le— 4th Grade Teacher





Happy St. Patrick's Day and a Blessed Lent from the Music Room!

1. Pre-K & Kindergarten: In addition to St. Patrick's Day and Lenten songs, students will be performing on small instruments while singing and reading short rhythmic phrases. They are singing very well in tune using puppets for pitch direction. (See pictures below) .

2. 1st and 2nd Grade: Students are studying Tempo and moving to music from the Baroque Era as well as modern Christian music. They are learning St. Patrick's Day, Lenten songs and speech poems transferring to non-pitched instruments. 2nd grade is studying the life of J.S. Bach and his struggles for freedom from the Duke of Weimar, Germany, who imprisoned him.

3. 3rd Grade: Students will study Sea Shanties and Clipper ship songs. They are great multitaskers in line dancing while singing. They have mastered changing from duple to triple meter while folk dancing. They continue singing lenten and St. Patrick's Day songs and jigs.

4. 4th, and 5th Grades: Students are doing very well performing recorder and reading on the treble clef staff B, A, G, F, E and adding low D. They are learning about measures, repeat signs, Binary form and performing jazz warm ups. (See pictures below) learning about scat singing and jazz.

FINE ARTS VARIETY SHOW AT ST. PIUS:

The Spring Fine Arts Variety show is on Friday April 19 at St. Pius High School at 6 pm. Some of our talented and hardworking **5th, 6th, 7th and 8th grade students** will be singing, playing xylophones and drums. Stay tuned for more information.

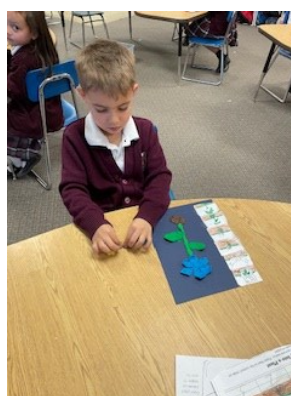
Please explore **Mrs. Bency's Music Blog:** <http://www.stasnm.net/music>. Choose activities on **MUSICPLAYONLINE**. Passwords for all sites can be found on my website. Included are **MUSIC MADNESS** games, videos, rhythm play-alongs and **Chrome Music Lab**, where students can create and play back their creations.

Blessings!
Mrs. Bency



Kindergarten

Mrs. Madrid's class is learning about the different parts of flowers!



This is a reminder to buy your yearbook while supplies last! \$25 until March 14th, after this date there is a price increase to \$30.00.



MJ THOMAS
Big Picture
Yearbooks

SCAN FOR
MOBILE ORDER



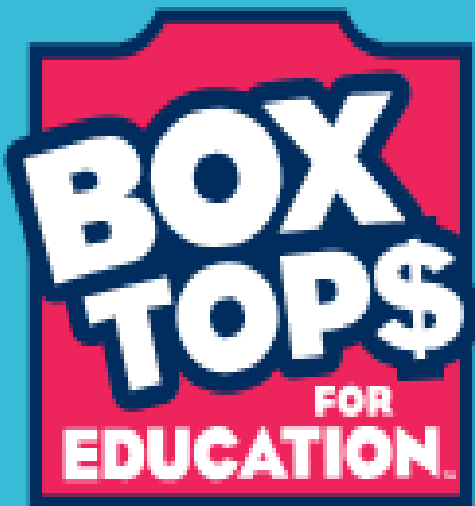
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